



GOOD SHEPHERD SCHOOL CANTEN TERM 4/1 2018/19

Canteen open from 8.15am until 1.15pm Wednesday and Friday

Thank you for using the canteen, all orders no matter how small go back into the school.



* Please note Lunch Bags are supplied, however, spoons and forks are .10c if not with a Canteen order

* GF + GLUTEN FREE *SALAD INCLUDES- LETTUCE, TOMATO, CUCUMBER, CAROTT-G GREEN-A AMBER

ITEMS AVAILABLE DAILY

G SUSHI-CHICKEN	\$4.00
- TUNA	\$4.00
G PIZZA SINGLE	\$2.50
G HOME MADE-VEGETARIAN	
FRIED RICE-GF	\$3.50
A NUGGETS	\$3.00
A NUGGETS-GF	\$3.00

G CORN ON COB-GF	.80
A SAUSAGE ROLL	\$2.80
A HOTDOG	\$3.50
G TOMATO SAUCE-GF	.50
A NACHOS-GF	\$4.00



WEDNESDAY SPECIALS

G CHICKEN SCHNITZEL SUB	\$4.00
SERVED WITH MAYO AND LETTUCE	
G CHICKEN SCHNITZEL AND SALAD	\$4.00
SERVED IN A PLATTER	

FRIDAY SPECIAL

A FISH & CHIPS	\$4.00
SERVED WITH TOMATO SAUCE	
G MEATBALL SUB	\$4.00
SERVED WITH SAUSE AND LETTUCE	

ORDER ON LINE TODAY @
WWW.QUICKCLIQ.COM.AU
ORDERS TO BE PLACED BY 9AM

SALAD LAVASH



G CHICKEN/SALAD	\$4.00
G EGG/SALAD	\$3.30
G TUNA/SALAD	\$3.30
G CHEESE/SALAD	\$3.30

TOASTED SANDWICHES

G CHEESE/TOMATO	\$3.30
G HAM/CHEESE/TOMATO	\$3.50
G HAM/CHEESE/PINEAPPLE	\$3.50
G CHICKEN/CHEESE	\$4.00
G HAM/CHEESE	\$3.30

FRESH

G CHICKEN	
G EGG/CURRIED EGG	
G HAM	
G CHEESE	
G TUNA	

SANDWICH

\$3.00	\$3.30
\$2.50	\$2.80
\$2.50	\$2.80
\$2.50	\$2.80
\$2.50	\$2.80

ROLL

EXTRAS CAN BE ADDED TO BURGERS,
LAVASH, ROLLS AND SANDWICHES

ADD BEETROOT .40	ADD SALAD .50
ADD MAYO .20	ADD CHEESE .50
ADD EGG .50	

SALAD BOWLS

G CHICKEN/SALAD-GF	\$4.00
G CHEESE/SALAD-GF	\$3.50
G EGG/SALAD-GF	\$3.50
G TUNA/SALAD-GF	\$3.50

INCLUDES--LETTUCE-TOMATO-
CAROTT- CUCUMBER FRENCH
DRESSING-EXTRA 40c FOR
BEETROOT OR CHEESE



RECESS

G SALAD STIX-GF	\$1.00
G APPLE SLINKY-GF	.80
G CHOCOLATE YOGO-GF	\$2.20
G PIZZA SINGLE	\$2.20
G SPAGHETTI TOPPER	\$1.00
A QUICHE	\$1.00
A VEGEMITE/CHEESE PINWHEEL	.60
A PIZZA PINWHEEL	.60
A APPLE/CINNAMON PINWHEEL	.60
A RICE STIX-GF	\$1.00
A MUFFINS-CHOCOLATE CHIP	\$1.00
-VANILLA CHOC CHIP	\$1.00

DRINKS

G WATER-GF	\$1.50
G CHOC MILK-GF	\$2.30
G BANANA MILK-GF	\$2.30
G STRAWBERRY MILK-GF	\$2.30
A APPLE JUICE	\$1.50
A BLACKCURRANT/APPLE	\$1.50
A JUICE BOMB-GF	\$2.30
-BLACKCURRANT	
-RASPBERRY	

AFTER LUNCH SNACKS

A PETERS LIGHT BUCKET	\$1.50
G ZIINGER	\$1.00
(YOGHURT/JUICE)-GF	.50
A BILLABONG	\$1.60
A FROZEN YOGURT	\$2.00
APPLE/SLINKY-POPCORN- MUFFINS, RICE STIX	



Thank you to all volunteers for
your continued support and
time given to the canteen.